



THE MYOSITIS ASSOCIATION®

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MyoCon[™]
TMA'S GLOBAL MYOSITIS PATIENT CONFERENCE

SEPTEMBER 18-21, 2025

*Conference
Recordings*

PRE-ORDER TODAY!

MyoCon Session Recordings Available for Pre-Order!

Pre-order your 2025 MyoCon conference recordings to gain access to most of the educational sessions, as well as select other key events.

The recordings package includes:

- Video recordings of pre-conference virtual sessions
- Video recordings of the opening and closing keynote addresses
- Video recording of the Heroes in the Fight Awards Ceremony, featuring our myositis heroes
- Audio-recorded breakout sessions synced with slides from the presentation.

For only \$149! As a bonus, you will also receive an invitation to join the live, virtual conference reunion coming up this Friday, October 3, 2025.

Recordings are only sold as a package. Individual sessions are not available for purchase.

When you sign up for these digital resources, they will be delivered to you in an email with a unique link where you can view the recordings at your leisure. Recordings are expected to be available in late October.

Thank you to MyoCon recordings sponsor, Pfizer MyOPath.

[Order Conference Recordings Today](#)

**MyoCon Attendees - do you want to revisit some of the sessions after your Dallas trip? Registered attendees automatically receive the recordings as an extra benefit of their conference registration! No need to order separately.*

TMA Announces Inaugural Meredith C. Thomas Memorial Fellow

The Myositis Association (TMA) is proud to announce the first recipient of the Meredith C. Thomas Memorial Fellowship, a prestigious research grant awarded to support career development and groundbreaking work in antisynthetase syndrome-related interstitial lung disease (ILD).

This year's fellowship, totaling \$107,500, has been awarded to Angeles Galindo Feria, MD, PhD, a rheumatology specialist and postdoctoral researcher at Karolinska Institutet in Sweden. Dr. Galindo Feria's project, titled "*Clinical and Immunological Determinants of Interstitial Lung Disease in Anti-synthetase Syndrome: Integrating Prognostic Markers with Autoreactive B and T Cell Profiling*," aims to uncover critical insights into the immune mechanisms driving lung damage in antisynthetase syndrome (ASyS).



The Fellowship was established by TMA and the Thomas family in honor of Meredith Thomas, who was diagnosed with antisynthetase syndrome and ILD and passed away at the age of 33 in November 2023. In her memory, her family launched the [Meredith's Legacy](#) fundraiser to provide funds to support early-career researchers dedicated to improving care and outcomes for patients with ASyS and ILD.



Join Us: 2nd Annual Meredith C. Thomas Trivia Night Fundraiser!

An unforgettable evening of fun, healing, community, and friendly competition awaits on Oct. 17 in the greater Chicago area! Purchase a ticket for \$125 or donate to support the Fellowship.

Date: Friday, October 17th, 2025

Location: Arrowhead Golf Club (26W151 Butterfield Rd, Wheaton, IL 60189)

Time: 5:30pm - 10:00pm CT

RSVP: [Online](#)



It's a great opportunity to take a look at the webinar from ILD Day on September 10. Pulmonary and critical care specialist Scott Matson, MD, from the University of Kansas presented on "Genetics and Beyond: Exploring Interstitial Lung Disease in

Watch Today!



**TMA Meet & Greet Leadership Series:
From MyoCon to MyoCommunity**
October 3, 2025, at 12:00 PM ET



Join us for a special MyoCon Reunion edition of TMA's Meet & Greet Leadership Series. Meet & Greet sessions let you meet some of the important people behind the scenes at TMA. These are fun, low-key interactive conversations that connect you more closely with the organization and our mission. This time, we'll reconnect with MyoCon friends and stay acquainted through breakout rooms organized by diagnosis.

Register Today



New Member Orientation
October 10, 2025, at 9 AM PT | 12 PM ET

Open to all regardless how long ago you joined TMA! Living with myositis can be challenging, but you are not alone. Please join us virtually to learn more about education and resources to help you on your myositis journey and make new friends who know, understand, and share your new normal. Connect with people like you, connect with resources you need, connect with global myositis experts – connect with TMA!

Register Today

Understanding Clinical Trials
October 15, 2025, at 12:00 PM ET / 6:00 PM CEST

Clinical trials are conducted to evaluate the safety, efficacy, and outcomes of medical interventions to ensure that treatments

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UNDERSTANDING CLINICAL TRIALS

FREE WEBINAR

Andrew Beaton
Global Clinical Program Leader

WEDNESDAY, OCTOBER 15, 2025
12:00 PM ET | 6:00 PM CEST



brought to market are based on robust evidence and provide benefits to patients. This session will explore lessons from history (both good and bad), global standards for clinical studies, the drug development process, and what it means to be a participant in a clinical study. Thank you to our webinar sponsor AstraZeneca.

[Register Today](#)



THE MYOSITIS ASSOCIATION'S 

Ask the **EXPERT** Series

ELIE NADDAF, MD
NEUROLOGIST
MAYO CLINIC

OCTOBER 23, 2025
12 PM ET US | 6 PM CEST



Ask the Expert with Elie Naddaf, MD
October 23, 2025, at 12:00 pm - 1:00 pm ET

Join us for an exclusive, interactive session with neurologist Elie Naddaf, MD, a Mayo Clinic specialist in neuromuscular diseases and current member of TMA's Medical Advisory Board. In this edition of our Ask the Expert series—designed to give the myositis community direct access to leading voices in diagnosis, treatment, research, and disease management—you'll get to submit your questions and gain insights straight from a trusted authority in the field.

[Register Today](#)



The TMA blog is filled with patient stories, research updates, and simple, helpful tips to support your life with myositis.

Latest post highlight:

[New Study Reveals Impact of Inclusion Body Myositis on US Veterans](#)

[TMA's 2025 Patient Ambassador Awardee](#)

[Poor Sleep May Make Mobility Worse](#)

[MyoCon: We Are Not Alone](#)

[Read More](#)

Giving Spotlight: Running with Purpose

Lauren Logeman is lacing up for the Chicago Marathon on 10/12/25, raising over \$3,000 for The Myositis Association in honor of her friend and mentor, Brian Hoban. A passionate runner and dedicated physical therapist, Brian inspired many—both on and off the course—before being diagnosed with Inclusion Body Myositis. Lauren’s run continues his legacy of compassion, resilience, and giving back.

[Donate Today](#)



Dr. [Didem Saygin](#) at Rush University in Chicago is conducting a survey to better understand the pain experienced by patients with myositis. The survey is anonymous and all those who live with a form of myositis are encouraged to respond.

[Take the Survey](#)



TMA's Board Chair, Laurie Boyer, shares a special post-conference thank you message; watch now!

MyoCon 2025 was filled with energy, insight, and inspiration. From powerful breakout sessions and expert panels to the joy of the Heroes in the Fight Awards Celebration, this year's conference delivered unforgettable moments and meaningful connections.

But most of all, it was about community. New friendships were formed, familiar faces reunited, and for so many, it was a reminder that you are not alone on this journey. We're so grateful to everyone who joined us.

Stay tuned for updates on accessing session recordings, and don't forget to join us for the [Virtual Reunion & Breakout Session on October 3, 2025](#). MyoCon 2025 Attendees - don't forget to [complete the post-conference survey!](#) This information helps the TMA team create even better conference experiences year after year.



HYATT REGENCY • ST. LOUIS AT THE ARCH
Registration Opens April 1, 2026

Presented by The Myositis Association
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On behalf of all of the patients, care partners, advocates, and the TMA Team, we are extending our heartfelt gratitude to our MyoCon 2025 Sponsors.

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MediFind



THE MYOSITIS ASSOCIATION

Finding a healthcare practitioner who knows how to care for someone with myositis is often a challenge.

While we can't guarantee you'll find an elite physician, [TMA's Find a Doctor](#) tool can at least provide options.

Check out our [suggestions for using the tool here](#).

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Minding Your Mental Health

Having something to look forward to is an important way to navigate difficult times, develop resilience, and improve your mental health. Here are some ways you can bring more purpose into your life:

1. Reconnect with activities you love, whether it's painting, gardening, volunteering, or music. Revisiting these can reignite a sense of purpose.
2. Create a "Joy Calendar" to mark upcoming events like a coffee date, movie night, vacation, or a visit from the grandchildren as a visual reminder of things you're looking forward.
3. Volunteer your time or skills, because research shows that helping others—whether through mentoring, community service, or advocacy—makes you feel just as happy as the person you are helping.
4. Learn something new, like a new language, skill, or topic that interests you, even if just for fun, because curiosity fuels purpose.
5. Connect with others by reaching out to friends, family, neighbors, or support communities, because sharing experiences

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always gives you something to look forward to.

Take TMA's Mental Health Survey

Tap into the power of peer support!

1:00-2:30 PM ET | 10:00-11:30 AM PT
FIRST SATURDAY OF EVERY MONTH

TMA WORLDWIDE

Myositis Support Group

Find encouragement and motivation to persevere through tough times. Connect and learn. Breakout rooms grouped by diagnosis and led by trained, certified peer leaders from across the nation!

Register Now!

The TMA logo, which consists of a stylized human figure with arms raised, enclosed in a circle.

TMA Worldwide continues the group's commitment to monthly virtual myositis support by diagnosis. Co-led by up to five trained and certified support and/or affinity group leaders from various regions, we also provide a safe space for our TMA Care Partner Affinity Group to meet in their own breakout room!

[To find additional groups, visit our list of all support & affinity groups here.](#)

RSVP Today

TMA is able to support people with myositis and their families because of the generosity of individuals who support our work financially.

Please [make a gift](#) to TMA to support our impact today!

Donate Today



Connect with us!



The Myositis Association | 6950 Columbia Gateway Drive Suite 370 | Columbia, MD 21046 US

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