

MAY 1-31, 2024

Myositis Awareness Month

#### Join us for Myositis Awareness Month!

Check out all the terrific programming happening this week!

May 14 TMA Raising Awareness Clinic: Disclosing Your Diagnosis to Your Employer

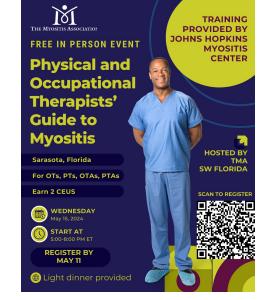
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**REGISTER TODAY** 



May 15 Physical and Occupational Therapists' Guide to Myositis hosted by TMA Southwest Florida

**REGISTER TODAY** 



May 16 Impact of Social Connections on Patient Health and Resilience hosted by TMA Women of Color Affinity Group



#### **REGISTER TODAY**

TMA and TMA Care Partner Affinity Group presents



Ask the Licensed Mental Health Counselor for Care Partners Natasha D'Arcangelo, QS, LMHC, NCC, CCTP, CCFP Clinical Director, International Speaker and Presenter on Mental Health, Trauma Informed Care & Compassion Fatigue

May 18, 2024 10:30 AM ET



May 18 Ask the Licensed Mental Health Counselor for Care Partners hosted by TMA Care Partner Affinity Group

**REGISTER TODAY** 

May 20 Pregúntale al Doctor - Reumatología, con la Dra. Francisca Bozán presentado por TMA Adelante!

## grupo de afinidad

**REGISTER TODAY** 

TMA and TMA Grupo de Afinidad de TMA "Adelante" presenta



Pregúntale al Doctor, con la Dra. en Reumatología Francisca Bozán Moderated by TMA Affinity Group Co-Leader Yashira Tirado Traiga sus preguntas sobre miositis a esta edición especial en español de Ask The Doc May 20, 2024 5:30 PM ET

## Myositis Research Insights Featuring Kanneboyina Nagaraju, DVM, PhD



TMA's Myositis Research Insights webinar series features a distinguished member of the myositis research community who will discuss their research and its impact on the myositis community.

Dr. Kanneboyina Nagaraju (Raju) is an immunologist specializing in autoimmune myositis. His research, in collaboration with Drs. Eric Hoffman and John McCall led to the creation of a new prednisone-like anti-inflammatory drug that eliminates many of the challenging side effects of steroids.

Vamorolone is the first drug approved in both the US and Europe for the treatment of Duchenne muscular dystrophy. Dr. Raju expects myositis to be the next target of clinical trials for vamorolone.

This webinar will be moderated by David Mochel, MD, FACS and Immediate Past Board Chair of TMA.

## Livestream Ask the Doc and TMA Open House



In honor of Myositis Awareness Month, TMA is opening our doors to the myositis community for a special line-up of hybrid and in-person programs on Thursday, May 23.

The first event is a special edition of TMA's popular "Ask the Doc" program. We will livestream from our <u>TMA Facebook page</u> while Jemima Albayda, MD, a rheumatologist at the Johns Hopkins Myositis Center, joins us at the TMA office. Dr. Albayda will answer your myositis questions from 11 AM - 12 PM ET | 8-9 AM PT. Submit questions online as you join the Facebook broadcast. No registration is required to view online, simply open our <u>Facebook page at 11 AM</u>.

Following the guest speaker, in-person guests will enjoy lunch and an open house tour of TMA's office along with representatives from our sponsor. Thank you to TMA Corporate Advisory Council member Abcuro for supporting our Ask the Doc, luncheon, and Open House on May 23. Abcuro is sponsoring a clinical trial for a new treatment for IBM.

There is limited capacity for the in-person portion of this program. If you are near the Columbia, Maryland area and would like to receive additional details, please email TMA@myositis.org.

WATCH LIVE 11 AM MAY 23

## TMA's core values include diversity & inclusion, and

# compassion for the community. Learn more on our website.

#### LEARN MORE

## **Telling Your Story**

"I couldn't speak, walk, or sit," says TMA member and former support and affinity group leader Elisa Glass in an article on the Johnson & Johnson website. Elisa is raising awareness by telling the world the story of her myositis journey.



**READ ELISA'S STORY** 

## You too can raise awareness in your community by telling your story.

Visit TMA's <u>Myositis Awareness page</u> for lots of ideas, tips, and tools for spreading the word about myositis.

J&J Innovative Medicine is a member of TMA's Corporate Advisory Council and is sponsoring the <u>SPIREA clinical trial for myositis.</u>

## Raising Awareness: Animate Your Story with Myositis GIFs!

GIFs are animated images that can spice up your social media content. TMA has created fun, moving versions of our logo and myositis keywords on <u>Giphy</u>, or search in Instagram Stories for other fun ways to illustrate your own story!



**DOWNLOAD MYOSITIS GIFS** 

#### **Double Your Donation**

Many companies will match employee donations to public charities like TMA. We encourage you to check with your company's Human Resources department to see if this is an option at your workplace. To activate the matched gift, you will likely need to supply the legal/financial information about TMA found in the <u>About TMA</u> section of our website.

Employer-funded matching gifts are often dollar-for-dollar up to a certain maximum level. Some companies will double or even triple the original donation. Some companies also encourage involvement in nonprofit organizations by providing monetary grants to organizations where employees volunteer regularly.

Don't miss this opportunity to increase your impact for The Myositis Association!

## Back to Basics: TMA Webinar Series

Did you know that TMA offers a collection of ongoing webinars every month? Take a look at what we offer and be sure to join us on these free interactive sessions.

Ask the Doc provides an opportunity for you to meet a member of TMA's expert Medical Advisory Board or another distinguished member of the myositis medical community. This is a session where you can get answers to almost any question about myositis diseases.

Myositis Research Insights webinars are your chance to hear directly from the scientists who are hard at work trying to unravel the biology behind myositis and searching for new therapies. Researchers discuss one of their latest projects and answer your questions about their work.

**Empowerment Clinics** are designed to enhance your quality of life, whether you are the person living with myositis or a care partner. They offer useful tools and insights into common issues presented by experts on the topic and a TMA member who lives with the challenge.

**Raising Awareness Clinics** provide useful tools and tips for how you can raise awareness about myositis and its challenges among your community and beyond. These sessions are usually held during May, Myositis Awareness Month, but the advice works all year long!

Meet & Greet sessions let you meet some of the important people behind the scenes at TMA. These are fun, low-key interactive conversations that connect you more closely with the organization and our mission.

JOIN TMA WEBINARS

**Myositis Awareness Month Resources** 







<u>Myositis Awareness</u> <u>Month Toolkit</u> <u>Myositis Awareness</u> <u>Month Events Calendar</u> <u>Myositis Awareness</u> <u>Month Gear</u>

TMA is able to support people with myositis and their families because of the generosity of individuals who support our work financially. Please <u>make a gift</u> to TMA to support our impact today!



The Myositis Association | 6950 Columbia Gateway Drive, Suite 370, Columbia, MD 21046

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