



THE MYOSITIS ASSOCIATION

PATIENT AND CARE PARTNER SUPPORT



TMA support groups provide patients, care partners, and family members the opportunity to get together with others to share concerns, friendship, and to learn about myositis and how best to live with it.



MYO-Connect is a virtual support program that allows TMA members who live in areas where there is not yet a Support Group or who are unable to attend local support groups to “meet” by phone or email.



TMA’s Community Forum is a private international online discussion group for patients, care partners, and family members.



Talking Circles is an online support program for those who care for a person with myositis.

TMA’s ANNUAL PATIENT CONFERENCE



TMA hosts an Annual Patient Conference each year. Myositis patients, their care partners, and family members join together with more than 500 others who live with myositis to learn about these diseases from the world’s leading myositis experts.

“The conference is a great way to connect with other people with myositis. It’s a reminder that you’re not alone.”

“I learned so much! The speakers are so knowledgeable!”

WHAT YOU CAN DO

- » Become a member of TMA
- » Join a support group
- » Donate to TMA
- » Attend the Annual Patient Conference
- » Become a support group leader
- » Become a TMA spokesperson
- » Join TMA advocacy efforts
- » Participate in a clinical trial
- » Create a community awareness event
- » Tell your story



To join TMA and for additional information about these services, visit www.myositis.org

To access these services, please email TMA@myositis.org



EDUCATION



TMA publications provide information that helps patients and care partners better understand myositis disease.

Publications include:

- » **The Outlook** – TMA’s quarterly print magazine
- » **The Update** – TMA’s bimonthly email newsletter
- » **Myositis 101** – a booklet detailing the basics about myositis diseases
- » **A Physician’s Guide to Myositis** a booklet designed to raise awareness among the medical community



TMA’s Website provides evidence-based information about myositis diseases, diagnosis, treatments, new research, and more.

- » The **TMA Blog** keeps folks up to date on TMA news and more.
- » **TMA’s library** provides published research, webinars, podcasts, Annual Conference presentation materials, educational videos, live discussions, and so much more.

RESEARCH



Clinical trials recruitment – TMA provides information about research opportunities and encourages myositis patients to participate.



TMA’s research funding program provides funding for pilot projects and fellowship support to advance the understanding of myositis.

ADVOCACY



TMA advocates on public policy issues that affect rare disease and myositis patients.



TMA advocates for issues that affect those living with rare disease. TMA provides patients and care partners tools for sharing their stories with legislators and policy makers to increase awareness of the needs of those living with myositis in their community.

TMA is the leading international organization committed to the global community of people living with myositis, their care partners, and family members. The nonprofit provides patient education and support, advocacy, physician education, and research funding for myositis diseases.



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