



Support Group News

HAPPY SUMMER!

Warm Greetings from Jenna and Bitsy!

Remember that your only obligation to yourself is to make good decisions that bring good health and good vibes into your life!

Date Change for our next Meeting!!!!

Our next meeting is August 24th, 1-2:30pm EST over zoom! Link to follow

Join Us as we welcome speaker Natasha D'Arcangelo, a certified compassion fatigue professional! Natasha was a presenter at our 2022 IAPC conference. Natasha D'Arcangelo is a licensed mental health counselor and professional speaker with extensive experience in the field of Mental Health Counseling. She holds various certifications, including being a Florida Qualified Supervisor, Nationally Certified Counselor (NCC) by NBCC, Certified Clinical Trauma Professional (CCTP), Certified Compassion Fatigue Professional (CCFP) by IATP, and Certified Compassion Fatigue Educator through the Green Cross Academy of Traumatology. She is licensed in Florida, Washington, and Oregon.

Mrs. D'Arcangelo is the Clinical Director of Lakewood Residential Treatment Center in Orlando and an adjunct professor for Purdue University Global. She is an active member of several professional associations, including the Florida Mental Health Counselors Association, the Florida Counseling Association, the American Mental Health Counselors Association, and the American Counseling Association.

As always, we will follow the presentation by having an informal chat session where we can all share our updates on our journey with Myositis, exchange tips and resources for managing the disease, and offer emotional support and encouragement. This is a great chance to connect with others who understand the journey of living with Myositis! Share your experiences, receive support, and learn from each other's strengths and strategies.

Let's grow together in support and understanding!

Best Regards,

Jenna and Bitsy

Join us in Baltimore this September!

International Annual Patient Conference
Hilton Baltimore Inner Harbor
September 6-8, 2024

We're officially less than one month away from this year's International Annual Patient Conference! Engage with exciting content over the three days while the myositis community is together. Don't miss out on this unique experience!

This experience offers:

Engaging Content: Participate in breakout sessions over the conference, exploring a variety of topics and essential tools for living with myositis. The conference also includes diagnosis-specific sessions tailored to your needs.

Expert Speakers: Learn from TMA Medical Advisors, research grantees, and clinicians from Johns Hopkins University, as well as NIH investigators and leading experts in the field, providing valuable insights and information.

Networking Opportunities: Connect with others who share your journey, both in-person and virtually, and build life-changing relationships while finding support within the myositis community.

Tailored and Comprehensive Information: Access sessions organized by diagnosis to ensure you receive relevant support, with specific content available for various forms of myositis.

Interactive Workshops and Personalized Support: Engage in hands-on workshops that offer practical skills and strategies, and participate in personalized support sessions that include expert Q&A opportunities and discussions on cutting-edge technologies and new treatment options.

Once again this year, [TMA is offering recordings](#) of most sessions at our International Annual Patient Conference.

The complete package includes:

- Video recordings of pre- and post-conference virtual sessions
- Video recordings of the opening and closing keynote addresses
- Thirty+ audio-recorded sessions synced with slides from the presentation
- Video of the Heroes in the Fight Awards Ceremony featuring supermodel and DM patient Karen Alexander and our other myositis heroes

The cost for the complete package is \$149 for non-attendees.