



Support Group News

HAPPY MYOSITIS AWARENESS MONTH!!

Greetings from Jenna and Bitsy!

Taking Care of your body is one of the kindest things you can do for yourself. Be sure to invest time into your physical, mental, and spiritual wellbeing, they all come together to create your healthy life.

Dear Myositis Warriors,

TMA Open House is Next Thursday, the 23rd at 11:00 - 2:00 in the Columbia Maryland Office!!! Limited Spots left available. TMA Open House & Luncheon with Abcuro, TMA Office, Columbia, Maryland (in-person networking event).

RSVP at

[https://forms.office.com/pages/responsepage.aspx?](https://forms.office.com/pages/responsepage.aspx?id=hq5ZlyWq3ECyfv_5BJLXyrVt_if5sg5liDqJPldJUUZUNlk0NTdSUIM5TTRWQJWVIFDNUQ2TEIJSC4u)

[id=hq5ZlyWq3ECyfv_5BJLXyrVt_if5sg5liDqJPldJUUZUNlk0NTdSUIM5TTRWQJWVIFDNUQ2TEIJSC4u](https://forms.office.com/pages/responsepage.aspx?id=hq5ZlyWq3ECyfv_5BJLXyrVt_if5sg5liDqJPldJUUZUNlk0NTdSUIM5TTRWQJWVIFDNUQ2TEIJSC4u)

Last chance to have a delightful lunch and hear about the drug studies ABCURO is involved in..

Thank you for joining me. Hope To See You All Next Week!

Also Look at TMA this month for great learning and giving opportunities to support others with Myositis.